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**NADOM Pharmacy**June 25, 2016 · 

A vast range of herbal remedies are available at Nadom Pharmacy to help strengthen the cardiovascular system. A few are described here, along with the benefits that ensue from using them.

Garlic

A real wonder drug of the herbal world is Garlic. This amazing food and herbal medicine does everything from treating ear infections to preventing heart disease. Include it in the daily diet and it will support the body in ways no other herb will.

Think of Garlic as a basic food that... [See More](#)

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**NADOM Pharmacy**

March 28, 2016 ·



African plant root, *Paullinia pinnata*, may be the answer to MRSA

Posted in: Medical Research News

Published on September 4, 2006 at 8:37 PM

A plant root used in Africa as a traditional remedy could hold the key to combating the potentially fatal Methicillin-Resistant *Staphylococcus Aureus* (MRSA) infection, according to research findings presented today at the British Pharmaceutical Conference in Manchester.

Pharmacists at King's College London have discovered that the roots of the shrub *Paullinia pinnata* possess anti-bacterial properties that are effective against MRSA.

MRSA infections are difficult to combat because the bacteria involved have developed complete resistance to certain antibiotics. Usually it is hospital patients with weakened immune systems who are most likely to become infected.



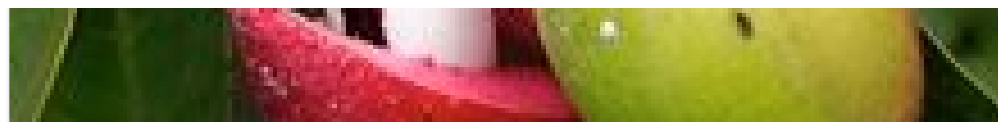
The research team tested extracts in the root of the *Paullinia pinnata* plant on wounds in rats. They found the extracts to be anti-bacterial and effective against certain strains of MRSA. In addition, the extracts were found to work as an antioxidant, which helps in the healing process by boosting the immune system and helping the growth of new cells.

Pharmacist Kofi Annan, member of the Pharmacognosy Research Group at the Department of Pharmacy, King's College London said that the results were "fantastic".

"This plant has never been researched scientifically," he explains. "We were surprised and excited by the results and think that the *Paullinia pinnata* root could hold the key to the future treatment of MRSA."

<http://www.rpsgb.org.uk/>





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**NADOM Pharmacy**

March 28, 2016 ·

Siberian Ginseng is one of the dominate ingredients of NADOM's Napha Man Capsules & Bitters

Traditionally Siberian Ginseng is used to prevent colds and flu and to increase energy, longevity, and vitality, it is widely used in Russia as an "adaptagen." An adaptagen is a substance that is supposed to help the body better cope with stress, either mental or physical. For example, an adaptagen might lower blood pressure in someone who has high blood pressure, but it might raise blood pressure in someone who has low blood pressure.

Colds and flu

A four week study in healthy subjects found that those who took Siberian ginseng extract had improvements in a number of measures that indicate how well the immune system is functioning.

Mental performance

Another popular but unproven use of Siberian ginseng is to maintain or restore mental alertness. One preliminary 3-month human study found that middle-aged volunteers who took Siberian ginseng had an



Although Siberian ginseng is frequently suggested to improve physical stamina and increase muscle strength, studies have shown only mixed results.

Quality of life

One study found that elderly people who took Siberian ginseng improved mental health and social functioning after 4 weeks of therapy, compared to those who took placebo. But after 8 weeks, the benefits decreased.

Fertility

Siberian ginseng has a long history of folkloric use for both male and female infertility. Animal studies suggest that Siberian ginseng may be helpful in increasing reproductive capacity.

Viral Infection

In a laboratory study, an extract of Siberian ginseng slowed the replication of certain viruses, including influenza A (which causes the flu) as well as human rhinovirus and respiratory syncytial virus (both of which cause symptoms of the common cold). It had no effect, however, in test tubes on adenovirus (another cause of the common cold and other respiratory infections) or herpes simplex virus type 1 (which generally causes oral herpes lesions). But, a 6-month study of 93 people with herpes simplex virus type 2 (which generally causes genital herpes lesions) found that Siberian ginseng reduced frequency, severity, and duration of outbreaks.

Precautions

This herb is generally not recommended for use in children because of concerns about possible stimulant effects

The American Herbal Products Association (AHPA) rates Siberian ginseng as a class 1, which means that it is safe when used as directed. However, it should not be taken by those with high blood pressure, obstructive sleep apnoea (repeated, prolonged periods when breathing stops while sleeping), narcolepsy (frequent day time sleeping), or by women who are pregnant or breastfeeding.

Siberian ginseng may raise blood levels of digoxin, a medication used to treat heart conditions. This can increase the risk of adverse side



Caution should be taken when considering use of Siberian ginseng with sedatives, primarily barbiturates (a class of medications including pentobarbital which are used for sleep or seizures).

N'ADOM Herbal Centre , " We build relationships with medical excellence".



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**NADOM Pharmacy**

March 9, 2016 · Accra, Ghana ·

Garlic (*Allium sativum*) , a herb used widely as a flavoring in cooking, has also been used as a medicine throughout ancient and modern history to prevent and treat a wide range of conditions and diseases.

Garlic belongs to the onion genus *Allium*, and is closely related to the onion, rakkyo, chive, leek, and shallot. It has been used by humans for thousands of years and was used in Ancient Egypt for both culinary purposes and its health and therapeutic benefits.

Garlic for food and medicine - a brief history

Garlic has been used all over the world for thousands of years. Records indicate that garlic was in use when the Giza pyramids were built, about five thousand years ago.

Richard S. Rivlin wrote in the *Journal of Nutrition* that the ancient Greek physician Hippocrates (circa. 460-370 BC), known today as "the father of Western medicine", prescribed garlic for a wide range of conditions and illnesses. Hippocrates promoted the use of garlic for treating respiratory problems, parasites, poor digestion and fatigue . The original Olympic athletes in Ancient Greece were given garlic - possibly the earliest example of "performance enhancing" agents used in sports.

From Ancient Egypt garlic spread to the advanced ancient civilizations of the Indus Valley (Pakistan and western India today). From there it made its way to China.

According to experts at Kew Gardens , England's royal botanical center of excellence, the people of ancient India valued the therapeutic properties of garlic and also thought it to be an aphrodisiac. The upper classes avoided garlic because they despised its strong odor, while monks, "...widows, adolescents and those who had taken up a vow or were fasting could not eat garlic because of its stimulant





About

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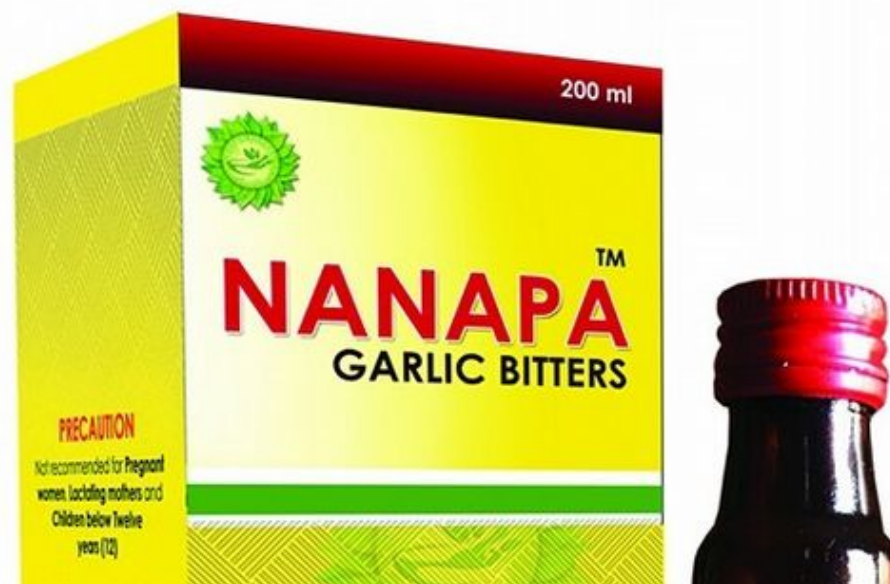
(tuberculosis), liver disorders, dysentery, flatulence, colic, intestinal worms, rheumatism, diabetes, and fevers.

The French, Spanish and Portuguese introduced garlic to the New World. Rivlin found it interesting that several cultures in history that were never in contact with one another had similar conclusions regarding the therapeutic benefits of garlic.

Garlic is used widely today for its therapeutic properties

According to the National Library of Medicine, part of the NIH (National Institutes of Health), USA, garlic is widely used for several conditions linked to the blood system and heart, including atherosclerosis (hardening of the arteries), high cholesterol, heart attack, coronary heart disease and hypertension.

Garlic is also used today by some people for the prevention of lung cancer, prostate cancer, breast cancer, stomach cancer, rectal cancer, and colon cancer.



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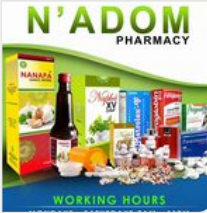





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March 5 2016 ·



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DOSAGE
Fourty mls (40mls)
Two times daily

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Not recommended for Pregnant women, Lactating mothers and Children below Twelve years (12)

F.D.B No.:
MFG:
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Napha Lady CARE MIXTURE
For the treatment of Menstrual Pains, Discomfort of Menstrual Flow Cramping and Excessive Flow..

KEEP OUT OF REACH OF CHILDREN
Store in cool Dry place

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NADOM Pharmacy

March 5, 2016 ·

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Cryptolepis Sanguinolenta
Azadirachta Indica
Citrus Arantifolia

PRECAUTION
Not recommended for Pregnant women, Lactating mothers and Children below Twelve years (12)

F.D.B No.:
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Napha Malamix
For the treatment of Malaria, Headache and Body Pains.

DOSAGE
ADULT
Fourty (40mls)
Three times daily
CHILDREN
Above 12 years (20mls)
Three times daily

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Store in cool Dry place
Can be taken before or After meals

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For the treatment of Malaria, Headache and Body Pains

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NADOM Pharmacy

March 5, 2016 · 

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Paulina Pinata
Yohinbe
Pervian Macca
Siberian Ginseng

PRECAUTION
Not recommended for
Children below 18 years

Date of MFG: 15/11/2014
EXP of MFG: 15/11/2016
BATCH NO.: 001

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Waist, Back, Neck
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Two (2) Daily

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NADOM Pharmacy
March 5, 2016 ·

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Two times daily

CHILDREN

Under 12 years
Ten mls (10mls) Two times daily

Napha

XV CAPSULES

PRECAUTION

Not recommended for
**Pregnant women, Lactating
mothers.** should consult their
physician before taken
this product.

**KEEP OUT OF REACH OF
CHILDREN**

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Echinacea Angustifolia
Cesio Occidentalis
Paullina Pinnata
Lippie Multiflora



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STD's such as **Gonorrhea,**
Syphilis, White, Bilhazia,
Vigritis.

Date of MFG: 01/08/2015
EXP of MFG: 01/08/2016

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March 5, 2016 ·

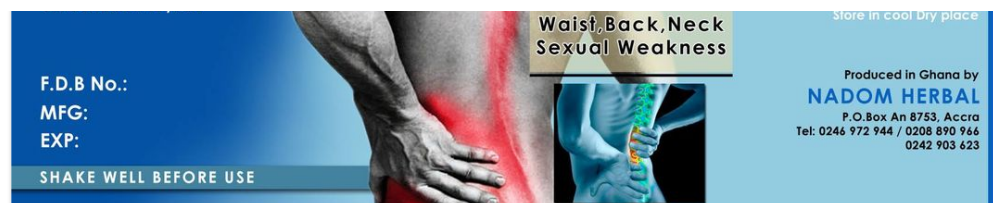
**ACTIVE
INGREDIENTS**
Paulina Pinata
Yohinbe
Pervian Macca
Siberian Ginseng

Napha

DOSAGE

ADULT

Two (2) Capsules
Two (2) Daily



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February 26, 2016 ·

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